



Together to promote human rights

2023/5/30

## **Report of the monthly meeting of the Regional Council for Mental Health (2)**

- The Regional Council for Mental Health (2) in Alexandria held its meeting No. 129/2023 on Monday, 5/22/2023, at the Council's headquarters in Abu Qir General Hospital.

- All members attended the meeting, with Dr.'s apologies. Soha Abdel Latif / Professor of Psychiatry, Alexandria University.

- First, Dr. Kamal Al-Fawal, Chairman of the Council, welcomed the members, especially Dr. Ashraf Saad Galal/Captain of the Governorate Doctors Syndicate, who is attending council meetings for the first time.

1 - He made a brief explanation of the council's tasks, and that the most important goal is "correct treatment and proper treatment," and that among the council's powers is to inspect public and private hospitals within its jurisdiction (6 governorates), the difference between compulsory and voluntary patient admission, and the mechanism Presenting the cases to the Council in Cairo.

2- Dr. Ahmed Refaat Dabas/ Director General of the Technical Secretariat, reviewing the Council's activities during the month of April 2023:

### A- Statement of independent evaluations

Statement	April
Number of establishments:	34
Total reports	511
Number of independent evaluation cases:	501
Exit before evaluation	10



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	Number of doctors:	46
	Committees for reviewing admission and compulsory treatment reports	11
	Raising admission and compulsory treatment...	
	Total brain rhythm regulation sessions:	: 277
	Refusing to give brain rhythm regulation sessions	1

B - Review a statement from 60 institutions regarding the number and percentage of compulsory admission

Governmental/private institutions	Total number of admissions	Compulsory cases	Independent evaluation	Percentage of mandatory entry	Termination of entry before independent evaluation
4/56	927	541	501	58%	10

C- Care and inspection committees:

Include were 16 facilities during the month of April with the participation of a complaint researcher at the Patient Rights Care Department in the governorates of Alexandria - Gharbia - Beheira.

The following are the most important observations:

- 1- Another inspection of the Future Convalescent Home (private) in Alexandria Governorate, given that this is the third visit that takes place without the presence of a doctor or technical director, which is considered a final warning to the institution. The Council took a



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decision to notify the free treatment, which has judicial authority in this regard.

- 2- Re-evaluation of the Motmana Psychiatric Center in Alexandria (private).
- 3- Green Valley Psychiatric Center in Beheira (private).

The errors observed by the Traffic and Inspection Committee were corrected.

- Reviewing the Forensic Medicine Department's report for the month of April

	Forensic medicine work	April 2023
1	Number of medical reports approved in the quarantine case	58
2	The number of doctors assigned to examine those required to be quarantined	7
2	Number of committees examining defendants	10
4	The number of reviews and approval of defendants' reports	14

Other activities that effectively translate the human rights of mentally ill patients or those recovering from addiction

- 1- A Ramadan football course for those recovering, in cooperation with the convalescent home "House of Recovery".
- 2- Dr. Ahmed Refaat's participation in the awareness symposium held at the Psychological Counseling Center of the Department of Psychology at the Faculty of Arts, Alexandria University, about the dangers of addiction and methods of prevention and treatment.
- 3- Organizing an iftar celebration for doctors and directors of facilities affiliated with the Regional Council for Mental Health 2, in the presence of Dr. Kamal Al-Fawal.



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Other notes:

- The number of doctors for inspection has been increased from 31 to 35 doctors.
- The number of independent evaluation doctors was increased from 56 to 58.
- It was not possible to participate in the group breakfast for members of the Regional Council for Mental Health 2.

Recommendations :

- 1- Discussing the possibility of sending the report of the medical responsibility symposium to the members of the Regional Council for Mental Health 2, in which the former head of the Alexandria Doctors Syndicate, Mohamed Farid, participated.
- 2- Discussing contacting the Ministry of Health to solve the problem of the broken elevator in Abu Qir General Hospital for years, which negatively affects patients and disrupts the activities of the Regional Council for Mental Health 2.